



Immerse Yourself in Adventure in the Stunning Surrounds of Lough Muckno in County Monaghan

Canoe, Kayak and SUP Hire | White Water Kayaking | Climbing | Sailing | Lake Tours | Small Groups

Established in 2019, and situated on the picturesque banks of Lough (lake) Muckno, in County Monaghan, Castleblayney Outdoor Adventure Centre offers the perfect blend of relaxed fun and intrepid adventure. Take the opportunity to release your inner explorer with land and water activities guaranteed to energise and excite.

Set within 900 acres of lakes and wooded country surrounded by the magnificent vista of the undulating drumlin (little hills) landscape, Lough Muckno Leisure Park guarantees spectacular views throughout the seasons. A wonderful opportunity to create amazing memories in one of South Monaghan's most scenic locations. From SUP tours and the dizzy heights of climbing, to adrenaline filled white water kayaking and inland sailing, Castleblayney Outdoor Adventure Centre is the key to unlocking unforgettable outdoor fun.

Highlights include:

- **Nature** | connect with native wildlife | on land or water | native flora and fauna.
- **Lough Muckno Park** | 900 acres | international standard fishing | many walking trails | play area.
- **Activities** | Canoeing | kayaking | SUP boarding | sailing | climbing | white water paddling.
- **Versatile Experiences** | suitable for all ages | small groups or one to one.
- **Be Adventurous** | try something new | feel alive | create amazing memories.
- **Rest Assured** | visitor safety is our priority | Covid-19 Chartered Business.



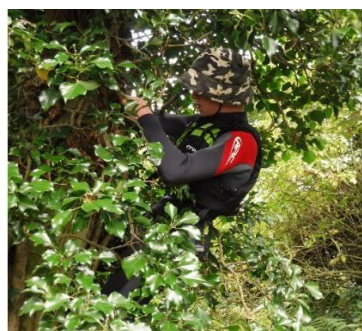
Castleblayney OAC | General Experiences Schedule

Experiences	Short Description	Min-Max	Duration Approx.	Public Price Per Person
Canoe, Kayak or SUP Rental	<ul style="list-style-type: none"> Take a scenic paddle around some of Lough Muckno's islands with stunning panoramic views of the surrounding countryside On the return journey have a bit of wobbly fun on the inflatable water trampoline <p>Note: This is a rental service only- unguided.</p>	1-15	1.5 hours	€XX/adult €XX/under 16
	Inclusions: canoe, kayak or SUP wetsuit buoyancy aid			
Otter Island Hop	<ul style="list-style-type: none"> Enjoy a leisurely, guided paddle through Lough Muckno and Gas Lake with stunning panoramic views of the surrounding countryside Choice of kayak, canoe, or SUP Stop off at Otter Island for some wild cooking round the open fire (popcorn, marshmallows & hot chocolate) <p>Note: Pre booking is essential</p>	4-10	1.5 hours	€XX
	Inclusions: instructor canoe, kayak or SUP wetsuit buoyancy aid popcorn, marshmallows and hot chocolate			



Castleblayney OAC | General Experiences Schedule

Experiences	Short Description	Min-Max	Duration Approx.	Public Price Per Person
Group Adventures	<ul style="list-style-type: none"> 3 hour session providing both land and water activities. Climb to dizzying heights for a bird's eye view of the stunning surroundings and experience fire-lighting and wild cooking on Otter Island. Choose from SUP boarding, Rafted-Canoes, Kayaks, Archery, Orienteering & Tree-climbing <p>Note:</p> <ul style="list-style-type: none"> Pre booking is essential 	10-60	3 hours	€XX per person <hr/> minimum price €XX
Inclusions: qualified instructors buoyancy aid wetsuit helmet climbing equipment				
Kids Camps	<ul style="list-style-type: none"> Week-long Adventure camps run during Easter, Halloween, term breaks and throughout July and August A combination of land and water activities including canoe trip, kayaking, stand up paddle boarding, tree-climbing, archery, orienteering, bridge-jumping, sailing (12+) and banana-boating. <p>Note:</p> <ul style="list-style-type: none"> Camps run daily from 10am to 4pm Camps are suitable for ages 8-17 Pre booking is essential 	N/A	N/A	€XX per child per week <hr/> Discounts for family bookings
Inclusions: qualified instructors buoyancy aid wetsuit helmet climbing equipment				



Castleblayney OAC | Premium Experiences Schedule

Experiences	Short Description	Min/Max	Duration Approx.	Public Price Per Person
White-Water Kayaking	<ul style="list-style-type: none"> Safety briefing and a short demonstration Take to the water for a thrilling experience of white water kayaking on the mighty river Boyne or river Mourne. With an expert guide, navigate the river weirs and rapids for an exhilarating outdoor experience. <p>Note:</p> <ul style="list-style-type: none"> Groups to meet at location No experience required Participants are asked to bring lunch Pre booking is essential 	6-12	4 hours	€XX
	Inclusions: safety briefing qualified Instructor buoyancy Aid helmet kayak wetsuit			
Rock Climbing	<ul style="list-style-type: none"> Safety briefing and a short demonstration Sky-high adventure with Outdoor Rock Climbing at Castlewellan quarry. Experience the thrill and sense of achievement on reaching the top! <p>Note:</p> <ul style="list-style-type: none"> Groups to meet at location No experience required Participants are asked to bring lunch Pre booking is essential 	6-12	4 hours	€XX
	Inclusions: safety briefing qualified Instructor harness helmet			
One to One Training	<ul style="list-style-type: none"> One to one training from qualified instructors Choose from canoe skills, kayak skills or sailing Pre booking is essential 	N/A	3 hours	From €XX
	Inclusions: safety briefing qualified Instructor harness buoyancy Aid helmet kayak wetsuit			

Castleblayney OAC | **General Experience Descriptions**

Canoe, Kayak or Stand Up Paddle Board Rentals

Discover your inner adventurer with a paddle on the tranquil waters of Lough (lake) Muckno, with its' scattering of islands and breath taking views. Revel in the opportunity to relax and unwind with a leisurely paddle along the shores of Black Island. Explore the diverse islands in the lake, or paddle under the Black Island Bridge to visit Gas Lake and Mindzenty Park. Delve into the subtle charm of the many islands while spotting flora, fauna, bird, and wildlife along the way. Make a pit stop at the Trailer Café for a quick coffee to recharge and fuel up for the return journey.

Otter Island Hop

Paddle through the calm and serene waters of Lough Muckno with its' scattering of islands and panoramic views across the Monaghan drumlins (little hills) and beyond. Soothe your soul with the sights and sounds of nature that inhabit this beautiful unspoilt landscape. Explore the subtle charm of the many islands while spotting flora, fauna, bird, and wildlife along the way. Hop off at Otter Island for some marshmallow toasting around the open fire and warm up with a hot chocolate, refueled and ready for the return journey back to base.

Group Adventures

Go wild and get stuck into group adventures at Castleblayney Outdoor Adventure Centre. Set within 900 acres of lakes and wooded country, Lough (lake) Muckno Leisure Park is the perfect location to get into your adventure zone. With adventures tailored to individual groups, there is an opportunity to try a variety of experiences. Climb a 30-foot Douglas Fir tree, master the ancient skill of archery, paddle the calm waters Lough Muckno or experience the magic of toasting marshmallows on a real open fire on Otter Island. Choose your own Monaghan adventure!

Kids Camps

Go wild and get stuck into adventure at Castleblayney Outdoor Adventure Centre. Set within 900 acres of lakes and wooded country, Lough Muckno Leisure Park is the perfect location to get into your adventure zone. Week long camps offer children the opportunity to try new activities in the company of friends under the expert guidance of the friendly team. Climb a 30-foot Douglas Fir tree, master the ancient skill of archery, paddle the clam waters of Lough Muckno or experience the magic of toasting marshmallows on a real open fire on Otter Island. Create memories to last a lifetime!

Castleblayney OAC | Premium Experience Descriptions

Outdoor Rock Climbing

Take that outdoor experience to the next level. Under the guidance of highly qualified and experienced instructors learn the skills required to navigate and scale the rocks at Castlewellan Quarry. Challenge your body and mind with every step and experience the dizzy heights of adventure. Revel in the thrill and sense of achievement on reaching the top rewarded by spectacular views of the county Monaghan countryside. Designed to suit all levels this is a fantastic way to re-energise and create amazing memories.



White-Water Kayaking

Following a safety briefing on the shore, get ready for the ultimate adventure. Take to the water for a thrilling experience of white water kayaking on the mighty River Boyne or River Mourne. Under the guidance of a qualified instructor, learn to navigate the river weirs and rapids of Ireland's most historic river for an exhilarating outdoor experience. Designed to suit all levels with breath-taking scenery along the way, this really is a fantastic way to get the adrenaline flowing and create amazing memories.



Castleblayney Outdoor Adventure Centre | General Information

❖ Booking Enquiries:

- Contact Zoë/Mark **T:** +353 87 3917459 or **E:** castleblayneoac@gmail.com

❖ Opening Dates:

- Outdoor adventure season runs from March 1st – October 31st
- Opening hours- 10.00 – 17.00 daily
- Pre booking is advised
- Private group bookings are available outside these dates

❖ Outdoor Schooling:

- Program available for schools
- 5 week program to include a weekly 2 hour class
- Activities include pond dipping, bushcraft skills, orienteering and field ecology
- Minimum numbers apply

❖ Events:

- Castleblayney Outdoor Adventure Centre hosts events as part of Castleblayney's Muckno Mania Festival. Watch out for events as part of Heritage Week, Bike Week and Biodiversity Week.

❖ Eco-Tourism:

- Castleblayney OAC operates under an eco-friendly Leave No Trace Policy. All instructors are Leave No Trace Trainers.

❖ Insurance:

- Fully insured and with over 30 years combined experience working within National Governing Body (NGB) remits.

Castleblayney Outdoor Adventure Centre | Covid-19 Policy

See below our Covid Plan outlining our policies and procedures as per government guidelines and best practice.

- All staff are trained in best practice Covid 19 standards and procedures to ensure staff and guest safety.
- Contact and client interaction will be minimized as much as possible. Where possible the 2 metre distancing rule will be adhered to and if not masks will be worn by all our staff. There is a joint understanding that everyone has to do their part to help abide by these procedures.
- Cleaning and hygiene procedures have been updated and every high traffic area will be cleaned a minimum of twice a day with regular disinfection of equipment after sessions.
- We are also updating our First Aid procedures to adhere to HSE guidelines. We have also got a Covid action plan in place should a suspected case happen.
- We have two changing rooms, and numerous tents to also be used for changing. We have over 100 wetsuits in stock and will be rotating the stock so each suit is used once a day and also disinfected.
- All customers will be required to wash their hands on arrival and at various times during the sessions to ensure good hygiene safety.
- We will be adhering to the latest Fáilte Ireland and IAAT guidelines as per this working document.

Please Do Not Visit:

- If you currently have Covid-19 or are displaying symptoms of Covid-19 in the last 14 days
- If you live in the same household or have been in close contact with someone who has displayed symptoms of Covid-19 in the last 14 days
- If you have been advised to self-isolate at this time
- If you have travelled abroad in the last 14 days (dependent on government travel advice with regards to self-isolation)

